



opc assessment

PRACTICE TESTS

Safe Concentration and Attention Test (SCAAT)

Free Sample

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Instructions

The SCAAT assesses an individual's capacity to maintain concentration on routine tasks. Below there are three practice concentration tasks. Read the instructions for each task carefully before starting each task.

Task 1

Search for the letter G through this block of letters below. Always work from left to right. You have 15 seconds to search for the letter G. Remember to time yourself using a stopwatch or ask someone if they can time you.

1. K L H E R D G B V C D G N U I L K J G D
2. F T Y H G D S C V B H J M K I O L P E A
3. D A Q S G U J U I K L O H T M N B G T E
4. V D W D T H Q S O P N E T F O N H G T E
5. B F S F Y S W D F G U M K G J U I K K O

Task 2

Search for the letters G and S through this block of letters below. Always work from left to right and search for both the letters at the same time, do not search for one letter and then go back to search for the other letter. You have 20 seconds to search for letters G and S. Remember to time yourself using a stopwatch or ask someone if they can time you.

1. N G D H U W D E H S K F H H K U A L H P
2. Y H G J H Q C Q L V S H E T W I H H R K
3. J N U K S G V S F X N G S S A T U T E I
4. D J J V A L H F S H J S E E T L J O H H
5. S U U C H M U G F S J K V H D A N U K S

Task 3

Search for the letter H through the block of letters below **and** the 1st letter in each row and then every time it appears in that row. Always work from left to right and search for both letters at the same time, do not search for one letter and then go back to search for the other letter. You have 25 seconds to search for the letter H **and** the 1st letter in each row and then every time it appears in that row. Remember to time yourself using a stopwatch or ask someone if they can time you.

1. V I I H A N J B G H N H A S V X A P G J
2. G K K C W B K A S Y J O H D C L J F S C
3. Q L L S H G J O F D J Q W F K T U T C Q
4. M O O F J T K H G D W I A H G L I K V L
5. K H H B K U R M L R X C V J L G K H B V

That is the end of the SCAAT practice test – free version. Now go to the next page to check your answers.



Answers and explanation

Now check your answers using the table below:

	Total number of letters
Task 1	9 G's
Task 2	5 G's
	11 S's
Task 3	10 H's
	Line 1 – 2 V's
	Line 2 – 1 G
	Line 3 – 3 Q's
	Line 4 – 1 M
	Line 5 – 3 K's

What to do next?

Research has shown that practice can help you to improve the chances of performing well on a test. To help you prepare for the test an enhanced and more detailed practice test has been specifically prepared for you that is just like a real test. The key benefits of purchasing the extended version of the SCAAT Practice test are as follows:

- The test is just like a real test which will help you practice working under time pressure;
- It provides all the answers and worked out solutions so you can see where you went wrong and help you improve; you will be able to compare your performance against other applicants who sat the same test under the same conditions. This will really help you understand how much you may need to improve and give you hints and tips of how to do better in the test; and,
- The test was developed by psychologists from OPC Assessment who design real tests that are used by organisations around the world.

Completing other practice tests

OPC Assessment have other practice tests available that you might be interested in completing. Please visit our website www.theopc.co.uk for further information.

